



ST MARY'S
Catholic Primary School

St. Mary's Sports Premium Evaluation for 2016 – 2017

Predicted amount of funding for academic year 2016-2017 - £9,000

Area developed	Amount spent	What happened	Impact on pupils	Sustainability/ Next steps
To work with local coaches, take part in festivals and competitions with other schools and upskill staff in the delivery of Physical Education	£3,500	<p>The North East Herts School Sports Partnership (SSP) have provided our pupils with coaching in a variety of sports. Children have continued to develop their games skills and have had the opportunities to put their newly acquired skills into practice through inter and intra competitions and festivals.</p> <p>Staff attended these coaching sessions with the children, to continue their professional development through developing their own knowledge of how to teach these sports.</p> <p>The PE coordinator has attended SSP leadership days and meetings, allowing for continual development of current guidance and new initiatives.</p> <p>This year both our U11's tag rugby team and our U11's girls football team made it through to the Herts County Finals.</p> <p>“The tag rugby festival was great fun and I loved learning new tag games.” – Year 4 pupil.</p>	<p>Pupils have become active members in the local community network through competition and festivals.</p> <p>Pupils have increased their skills and knowledge in a wider range of sports.</p> <p>Pupils will have higher quality PE lessons due to school staff CPD.</p>	<p>Staff are more confident and knowledgeable in teaching higher quality PE lessons. We will continue SSP coaching to further increase staff PE skills.</p> <p>We now have a clear link with other local schools to continue inter festivals and competitions. The SSP will continue to assist in the organisation of these events.</p> <p>Current PE coordinator to support new coordinator to continue the development and engagement of all children in regular physical activity.</p>

<p>To provide opportunities for more high quality PE lessons and assessment</p>	<p>No additional cost</p>	<p>This year we have had an apprentice from Cambridge United working alongside our qualified coach. Our apprentice has brought in a new skills base to provide the children with a wider range of sports and further enhance our school staff experiences.</p> <p>Teachers are now using the new assessment scheme to improve the assessment and next steps for children in PE lessons.</p>	<p>Pupils have increased their skills and knowledge in a wider range of sports.</p> <p>Pupils have had the opportunity for more personal teaching through having two coaches/teachers in PE lessons.</p> <p>Pupils now have clearer next steps and how they can improve, led by the new assessment scheme.</p>	<p>Our apprentice has been sharing knowledge and skills with our coach, teachers and teaching assistants in order to allow this high quality teaching to continue and be sustained in the future.</p> <p>Teachers will continue using the new assessment scheme to inform their next step planning.</p>
<p>To improve equipment and environments</p>	<p>£12,000</p>	<p>With the purchase and future installation of a new outside trim trail and improved all weather flooring for the existing climbing frame, pupils will have more opportunities for hanging, swinging and climbing, leading to children becoming more active during playtimes.</p> <p>Pupils will be able to take responsibility for self-evaluating their physical performance and better understand the relationship between physical fitness and a healthy lifestyle through the purchase of heart rate monitors. This also has a cross curriculum link to Science.</p> <p>We have replenished broken PE equipment and purchased new apparatus to ensure all children can take part in high quality PE lessons and extra curriculum activities.</p>	<p>Pupils will have the opportunities to become more active during playtimes, which will improve their confidence and their social skills while enhancing their health and fitness levels in a new safer stimulating environment.</p> <p>Pupils will be able to take responsibility for their own fitness levels and gain a better understanding of the impact this has on their bodies.</p>	<p>We will look to extend the trim trail in the coming years.</p>

To enhance pupils active and healthy lifestyles	£203.88	<p>We have continued our annual subscription to the '5 a day tv' fitness programme, which is used when and how each individual teacher feels most beneficial to their class.</p> <p>“Vigorous exercise before learning improves student’s memory, mood and behavior, and helps create a heightened state of attention. Exercise is the single most powerful tool you have to optimise your brain function and improve learning. To keep our brains at peak performance, our bodies need to work hard.” – John Ratey, MD, author of SPARK (taken from '5 a day tv' website).</p>	<p>After pupils have taken part in these short and snappy exercises, teachers have reported an improvement in children's attention, memory and behaviour during lessons. The 'time 2 chill' sessions have been used to relax the children and give them time to reflect on their learning.</p>	<p>We will continue our annual subscription to the '5 a day tv' programme and teachers will continue to use this in and around lessons to enhance children’s attention and behaviour in class.</p>
To develop active playtimes and young leadership within the school	£250	<p>Our young leaders from Year 5 and 6 provide active playtimes for the whole school during lunchtimes. They take responsibility for the active playtime equipment and plan their own sporting activities.</p> <p>Our young leaders lead our intra School Games events throughout the year. They plan and prepare their own sporting activities and then lead the whole school during the events.</p> <p>Our young leaders held a Christmas themed multi-skills intra competition for our Year 1 and 2 classes. They have also been involved in our Change for Life lunchtime clubs.</p> <p>“I really enjoy the games that the Year 6’s set up for us at lunchtimes. I can play with my friends and make new friends.” – Year 2 pupil.</p>	<p>The active playtimes have had a positive effect on the young leaders by providing them with skill to lead others in a wide range of sports.</p> <p>Pupils now have the opportunity to be physically active during playtimes and are offered a range of activities throughout the week. This has had a notable effect on pupils relationships in and around school and on attention and participation during lessons.</p>	<p>Our young leaders will continue with the active playtimes and School Games, handing over to the next class before they leave us at the end of Year 6.</p>
To develop extra-curricular clubs	No additional cost	<p>We continue to offer our range of extra-curricular clubs and with new links to Cambridge United Football Club, we now offer children lunchtime football training and have started a Multi-Sports club on Tuesday after school. The Multi-Sports club proved so popular that by the second week we were full and now offer the same club on a Wednesday as well.</p>	<p>Pupils have the opportunity to participate in range of extra-curricular clubs, leading to a more active and healthy lifestyle.</p>	<p>We aim to continue these current clubs and keep looking into new extra-curricular clubs that we can offer our pupils.</p>

To develop the children's understanding of a healthy lifestyle	£360	The Kidz Fit day has always been a huge success, giving each class the opportunity to participate in PE sessions which are engaging, interactive, fun and memorable. The aim of the sessions is to improve every child's self-esteem, physical and mental wellbeing, confidence and motivation.	Pupils are educated about how to achieve and maintain a healthy lifestyle, how the human body works, as well as the importance of giving one hundred percent and being the best they can be. Children show an improved enthusiasm towards their own physical fitness after Kidz fit have been in.	We plan to have a Kidz fit day, or something similar, every year.
--	------	---	---	---

We predict that the total amount spent on physical education at the end of this academic year will be £16,313.88. The FOSM (PTA) will fund any additional costs.