

**Subject:** School nursing service

Good Afternoon,

I hope you are keeping safe and well in these unusual times .

The School Nurse team has adapted our ways of supporting young people during this time and we are emailing to advise you of our current services.

We are continuing one to one tier 1 work with children and young people to support their emotional health & well-being via video calls. Parents and professionals can refer

via <https://www.hct.nhs.uk/our-services/school-nursing/>

Our duty School Nurse line is also available Monday to Friday 9am-5pm on 03001237572 and parents and professionals can contact us on this number.

We have an Instagram account for parents and families **hct schoolnursing** which provides up to date health information/resources, please can you signpost parents to follow this account. We also have a twitter account HCT\_SchoolNurse

Children and parents can also access up to date information on [www.healthforkids.co.uk](http://www.healthforkids.co.uk) this website has a section for children and parents. There is some good information about talking about coronavirus with children and how to support them.

Please share this information so that children and families know where to find support during this challenging time.

Many thanks for your support.

**Sonia**

*Sonia East, Specialist Public Health Nurse- School Nursing*