

ST MARY'S CATHOLIC PRIMARY SCHOOL
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P.E Policy

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**"Give your heart to everything
that is good.**

**Be a real family, warm-hearted
in your care for one another."**

Introduction

At St. Mary's we want our children to lead healthy, active lives, be physically confident and recognise their own successes. We hope to achieve this by providing a range of enjoyable activities and opportunities through a high quality curriculum. Specialist teachers visit the school and teach all children on a weekly basis. We are also part of the North Herts School Sports Partnership, which provide the children with professional coaching sessions and access to a variety of festivals and competitions with other local schools.

Aims

At St Marys we aim to:

- **Ensure the P.E. curriculum is taught to a high standard and that every child receives 2 hours of physical education each week.**
- **Have respect and care for God's gift to us of ourselves by being physically healthy in our lives.**
- **Make sure there is training for staff and all those involved in teaching physical education.**
- **Provide a range of extra-curricular activities and ensure the views of the children are considered when choosing them.**
- **Manage the use of outside agencies to help with running of clubs, workshops, activities etc.**
- **Promote and encourage the involvement of parents and the local community in physical activities.**
- **Promote the celebration of sporting events.**
- **Promote inclusion within all activities.**
- **Extend and enrich other curriculum areas.**
- **Encourage children/parents/staff to keep fit in daily lives by encouraging walking to school as evidenced in the school Travel Plan.**

Teaching and Learning

- Children receive the entitlement of 2 hours quality P.E. within curriculum time. Curriculum maps and Rising Stars lesson plans support the teaching of P.E. in curriculum time. Observations by the P.E. Co-ordinator and head teacher are completed to monitor P.E. teaching.
- Early Years Foundation Stage follow Development Matters where one of the prim areas is Physical Development: Moving and Handling.
- The National Curriculum outlines six areas of activity to be incorporated into a school's P.E. They come under the following headings:-
 - Gymnastic Activities - Key Stage 1 & 2
 - Dance Activities - Key Stage 1 & 2
 - Games Activities - Key Stage 1 & 2
 - Athletic Activities - Key Stage 1 & 2
 - Outdoor & Adventurous Activities - Key Stage 2
 - Swimming Activities & Water Safety - Key Stage 2
- A physical workout is undertaken in each Key Stage 1 & 2 class every day for 10 minutes. It is at the teacher's discretion what activities they carry out during this time.
- The curriculum map for P.E. has been made available for staff and parents on the school website (See appendix 1). Fifty per cent of the P.E curriculum is taught by Rising Stars. Rising Stars' planning folder can be found with the P.E. Co-ordinator.
- Parents should be aware that P.E. is a compulsory part of the National Curriculum and that there is no exemption from this, apart for medical reasons.
- St. Mary's is part of the North East Herts School Sports Partnership, which offers sessions of sport-specific coaching for the children within lesson time e.g. tag rugby, tennis and multi-skills and organises tournaments for the children to compete against other local primary schools in a range of sports.
- Where there is provision, teachers are encouraged to attend relevant courses. The P.E. Co-ordinator makes staff aware of training opportunities available throughout the academic year. The P.E. Co-ordinator attends training and INSET days run by the Schools Sports Partnership. Health and Safety is part of the coordinators training.

- At St. Mary's there is currently a wide range of extra-curricular activities available to the children both during lunchtimes and after-school.

Roles and Responsibilities

Subject Co-ordinator

- Co-ordinate the teaching of P.E throughout the school.
- Monitor the teaching and learning.
- Monitor standards and assessments in P.E through formal and informal assessment.
- Organise special days and events for P.E.
- Check the curriculum is being implemented and there is progression and skill development throughout the school.
- Organise the acquisition of resources and audit for adequate resources in the school.
- Advise or help teachers find answers to questions or needs.

Class Teacher

- Teach the P.E curriculum as agreed by the staff, plan interesting lessons in which to deliver it.
- Assess the teaching and learning of their class.
- Organise visits out or into school.
- Use a variety of teaching methods to accommodate different learning preferences.
- Be inclusive to enable all children to access the curriculum.

Appendices 1

1 = Resources

- A wide range of resources are available throughout the school. This is monitored and kept up to date in accordance with the schools timetable of events and the National Curriculum. A wide range of equipment is stored throughout the school and in specific areas. These are accessible to the children only under adult supervision. Individual class teachers are responsible for requesting specific resources for individual activities.

2= Curriculum Map

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Floor Movement & Travelling Gymnastics	Movement & Travelling on Apparatus Gymnastics	Dance – Topical links Gymnastics	Multi-skills Gymnastics	Athletics Attacking and Defending Games	Athletics Attacking and Defending Games
Year 2	Invasion Games – Endball Gymnastics	Dance – Topical links Gymnastics	Dance - Country dancing Gymnastics	Multi-skills Gymnastics	Athletics Attacking and Defending Games	Athletics Attacking and Defending Games
Year 3	Multi-skills Gymnastics	Invasion Games – Tag Rugby Gymnastics	Dance - Country dancing Gymnastics	Invasion Games Gymnastics	Swimming Athletics Striking & Fielding Games	Swimming Athletics Striking & Fielding Games
Year 4	Swimming Gymnastics	Invasion Games – Tag Rugby Swimming Gymnastics	Swimming Dance - Country dancing Gymnastics	Swimming Gymnastics	Athletics Striking & Fielding Games - Rounders OAA	Athletics Striking & Fielding Games - Rounders
Year 5	Net/Wall Games - Volleyball Gymnastics	Net/Wall Games - Volleyball Gymnastics	Dance - Country dancing Gymnastics	Games OAA Gymnastics	Athletics Striking & Fielding Games - Rounders	Athletics Striking & Fielding Games - Rounders
Year 6	Net/Wall Games - Volleyball Gymnastics	Net/Wall Games - Volleyball Gymnastics	Dance - Country dancing Gymnastics	Games Gymnastics	Athletics Striking & Fielding Games - Cricket	Athletics Striking & Fielding Games - Cricket

3 = Health and safety

- Equipment is checked annually by outside contractors.
- All risk assessments for P.E. activities and areas of play are kept up to date. Teachers are responsible for complete their own risk assessments for sports trips.
- During swimming lessons children must be supervised at all times by a member of staff, including when in the changing rooms.

4 = Assessment

- Report annually to parents on the child's achievements and comment at parents' evening.
- EYFS assess using their current assessment tools.
- Gather evidence of what the children know, understands and can do in P.E by observing them in lessons. This helps inform the teacher for future activities.

5 = Marking

- No formal marking take place

This policy has been formally adopted by the Governing Body of St Mary's Catholic Primary School. It will be reviewed by the Governors and Headteacher in conjunction with the staff two years from the date below.

Signed..... (Chair of Governors)

Date.....