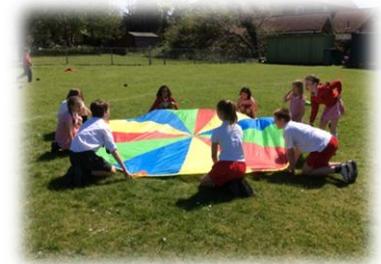


St. Mary's Sports Premium Evaluation for 2015 – 2016

Amount of funding for academic year 2015-2016 - £8,835

Area Developed	Amount spent	Effect on pupils' PE and sport participation and attainment
To work with local coaches and take part in festivals and competitions with other schools	£3,500	<p>The North East Herts School Sports Partnership (SSP) provide our children with coaching in a variety of sports. Children have continued to develop better skills and knowledge of these activities and have had the opportunities to put their newly acquired skills into practice through inter and intra competitions and festivals. Staff have also received training in these areas to make the development of children's skills in these sports sustainable. Staff are now becoming more confident when teaching a variety of different sports.</p> <p>This year both our U11's tag rugby team and our U11's girls football team made it through to the Herts county finals.</p> 
To increase the staff skill level in the delivery of Physical Education	£512.41 (Also included in SSP cost)	<p>The P.E. coordinator attended leadership days. This enabled the coordinator to have a wider overview of the sports funding and leadership within the school.</p> <p>All teaching staff have observed professional SSP coaches, helping them to build their knowledge of the sport which has enabled them to provide lessons in a wider range of sports.</p> <p>We have weekly netball training sessions, giving the children more opportunity to practise shooting and defending skills. The children's understanding and skill have improved noticeably in netball matches with other schools</p>
To increase and improve the children's gymnastics skills throughout the school.	(Part of the SSP cost above)	 <p>By providing a gymnastics coach to work alongside the Rising Stars coach during the weekly gymnastics sessions has allowed the children to gain a wider range of gymnastic skills, showing progression throughout the term. This has also allowed us to monitor gymnastics progression throughout the school.</p>

<p>To improve equipment and environments</p>	<p>£396.82</p>	<p>The purchase of new small games equipment has enhanced curriculum lessons enabling children to participate more fully and has led to higher quality lessons using a wider range of different resources.</p> <p>The purchase and installation of the football goals and new training equipment has helped further develop the children's motivation to take part in football training, leading to more opportunities for team matches both on home ground and away.</p>
<p>To continue the 'Wake and Shake' programme</p>	<p>£203.88</p>	<p>The continued subscription to the programme '5 a day fitness' has enabled all classes in the school to take part in a wake and shake programme within their classes, to fit around the curriculum. The teachers use the '5 a day fitness' sessions to enhance children's attention, memory and behaviour during lessons and the 'time 2 chill' sessions to relax the children and give them time to reflect.</p> <p>“Vigorous exercise before learning improves student’s memory, mood and behavior, and helps create a heightened state of attention. Exercise is the single most powerful tool you have to optimise your brain function and improve learning. To keep our brains at peak performance, our bodies need to work hard.” – John Ratey, MD, author of SPARK (taken from '5 a day fitness' website).</p>
<p>To develop active playtimes and continue the development of young leadership within the school</p>	<p>£250</p>	<p>The active playtimes have had a positive effect on young leadership within the school by providing the children with the skill to lead others in a wide range of sports. This has also had a notable effect on how the children work with each other in other lessons.</p> <p>The children have the opportunity to be physically active during playtimes and are offered a range of activities throughout the week.</p> <p>Year 5 and 6 pupils participate as leaders in School Games events each year. They use school equipment to make their own events and then lead the rest of the school around each event, keeping score of each child’s result, and therefore turning it into an intra competition.</p>



<p>To continue the development of extra-curricular clubs</p>	<p>£200</p>	<p>We continue to offer our range of extra-curricular clubs which are well attended.</p> <p>This year Little performers started a dance club at lunchtimes.</p> <p>We also have football and netball lunchtime clubs and afterschool we offer Irish dancing, gymnastics and football.</p>
<p>To develop the children's understanding of a healthy lifestyle</p>	<p>£360</p>	<p>The Kidz Fit day was a huge success, educating the children about how to achieve and maintain a healthy lifestyle, how the human body works, as well as the importance of giving one hundred percent and being the best they can be. This would be great to have every year.</p>
<p>To enhance the children's physical development during everyday playtimes</p>	<p>£3411.89</p>	<p>With the purchase and installation of a new climbing frame and an all weather the children are now able to gain confidence and improve their social skills while enhancing their health and fitness levels in a new and safer stimulating environment.</p>



Total amount spent on physical education this academic year was £8,835